PERFECTION

\_\_\_\_Perfectionism

\_\_\_\_Being Critical and all Criticism

\_\_\_\_Complaining

\_\_\_\_Lack of Contentment

\_\_\_\_Negativity

\_\_\_\_Fear of things not being done “right”

\_\_\_\_Control

\_\_\_\_Frustration

\_\_\_\_Confusion

\*Note with Perfection, it is recommended to complete the strongholds on Rejection and Fear