**FATIGUE**

“I confess …”

\_\_\_\_Declaring Negativity

\_\_\_\_Giving Up or Giving In

\_\_\_\_Consistent Exhaustion

\_\_\_\_Deception

\_\_\_\_Distraction

\_\_\_\_Discouragement

\_\_\_\_Heaviness

\_\_\_\_Powerlessness to Resist Opposition

\_\_\_\_Delays

“..and I confess it for myself, my parents, my grandparents, my great grandparents and all of my ancestors back to Adam… and I renounce its hold on my life and on my family line.”