CONFUSION

“I confess all…”

\_\_\_\_Confusion

\_\_\_\_Frustration

\_\_\_\_Distraction of Myself and Others

\_\_\_\_Any distractions that have taken me away from God's calling on my life

\_\_\_\_Indecisiveness

\_\_\_\_Being Double-Minded or Unstable

\_\_\_\_Foolishness

\_\_\_\_All Wastefulness

\_\_\_\_Wasted Time

\_\_\_\_Wasted Finances

\_\_\_\_Wasted Resources

\_\_\_\_Unclear Boundaries

\_\_\_\_Fear of saying “no”

\_\_\_\_Miscommunication

\_\_\_\_Apprehensiveness

\_\_\_\_Feelings of being Unsettled

\_\_\_\_Wrong decisions

\_\_\_\_Lack of Direction

\_\_\_\_Guilt & Regret

\_\_\_\_Lack of Motivation

\_\_\_\_Lack of Goal Planning

\_\_\_\_Lack of Achieving Goals

\_\_\_\_Forgetfulness

\_\_\_\_Fear of losing Memory

\_\_\_\_Busyness

\_\_\_\_Blocks & Walls

\_\_\_\_Chaos in the Mind

“..and I confess it for myself, my parents, my grandparents, my great grandparents and all of my ancestors back to Adam… and I renounce its hold on my life and on my family line.”

\*Note It is highly recommended that individuals who go through the Confusion stronghold also go through the Strongholds of Deceit, Depression & Heaviness, Discouragement, Identity, New Age, Poverty, Fear, Failure, Rejection, Doubt & Unbelief, Stress